

## 1. While you are away: preparing the house

Pay any bills that are due while you are gone.
Clean the house, take out trash, leave AC/Heat on at minimal levels.
Arrange for child, pet, and plant care; communicate needs and schedules; leave enough food/water.
Confirm any appointments, schedules, reservations, etc.
Pause mail and package deliveries or have someone pick them up periodically.
Lock windows, garages and doors.
Leave house and car keys with a trusted family member or friend in case of emergency or to check on your house/plants/pets.

## 2. Before you leave: preparing the car

Prepare and check that car registration and insurance are up-to-date.
Do any necessary oil and filter changes, check tire pressure, etc.
Declutter the vehicle, clean it and vacuum.
Prepare music, games, movies, etc. for the trip.
Bring a spare key in case of lock-out. TRAVEL EVOLVED
Have tools in car for tire-change, maintenance, etc.
Make sure all drivers have valid driver's licenses.

## 3. Packing for the trip

Make a list of the specific items of clothing you'll need to pack for your trip to suit the various functions you'll attend. Relaxed, dressy, bathing, special occasion, etc.
Organize your luggage by size and type of things inside. For example, keep handy things in a small luggage that won't be needed until arrival.
Keep some extra things in the car like hoodies, umbrella, sunglasses, pillows, etc.
Prepare snacks and drinks for the trip and keep them handy in a box or bag near you.

## 4. What to leave for family and caregivers at home

Leave your contact information—including the names, addresses, and phone numbers of the hotels where you are staying—with a family member, so they can reach you while you're away.
Phone numbers (all contact numbers for you; doctor/vet; pharmacy; mechanic; school/daycare; helpful friends/neighbors; alarm company).
Cash for groceries and emergencies.
Consent for medical treatment forms and insurance cards.
A copy of your travel itinerary.